

# Quarterly Resident Meeting

## May 2009

- Insurance Letter----read your contract; direct questions to the Manager of Resident Services (social worker)

Swine Flu informational letter from Dr. Ken Brubaker, our Medical Director---same precautions as the regular influenza

- \*\*CMS 5 Star Rating System----explanation of how the star rating is determined.

\*\* Centers for Medicare and Medicaid Services

# CMS 5 Star Rating System

Three Columns of “Stars” that create the overall number of stars used to rate a skilled care facility:

- Surveys by Dept of Health (number of deficiencies and scope/severity)
- Staffing (RN staffing and Overall Nursing Staffing)
- Quality Measures (10 quality measures)

# CMS Five-Star Quality Rating System

**DOH Surveys** ---based on three most recent surveys – number of deficiencies and scope and severity

- Most recent survey is weighted at 1/2
- (Average number of deficiencies in PA is 6----depends on survey team---is not only nursing issues)
- Prior year survey weighted at 1/3
- Two years ago survey weighted at 1/6
- Points are assigned to each survey and also for each revisit necessary to clear the deficiencies

# CMS Five-Star Quality Rating System

## Ten Quality Measures Used

### 7 Measures for Long Term Residents :

- Increased help needed with activities of daily living
- Decrease in mobility
- High risk Residents with pressure ulcers
- Residents with long term bladder catheters
- Physical restraint usage
- Urinary tract infections
- Residents with moderate to severe pain

# CMS Five-Star Quality Rating System

Three Quality Measures for Short Term Residents:

- Residents with moderate to severe pain
- Residents with pressure ulcers
- Residents with delirium (confusion)

# CMS Five-Star Quality Rating System

## Quality Measures

- Quality Measure data from three quarters is used.
- Facility % of each quality measure is calculated for 8 of the 10 measures and compared to the NATION and points assigned.
- Quality Measures dealing with an “Increased Need for ADL Assistance” and “Decrease in Mobility” are weighted more heavily and compared to the STATE and points assigned.
- Points are all added together and arrayed with other state nursing facilities---top 10% given a 5 star rating; bottom 20% given 1 star. 2, 3 and 4 stars are awarded evenly among the remaining facilities.

# CMS Five-Star Quality Rating System

## Staffing Rating

- Staffing measures are based on 2 weeks of staffing reported once per year at survey time and is based on two measures: Total RN hours per Resident day and Total Nursing Staffing per Resident Day
- Total RN hours per Resident is calculated and then adjusted for casemix based on the distribution of the RUG-III groups of the facility.
- A star rating is assigned based on where the facility ranks compared to the adjusted staffing hours for all freestanding skilled care facilities in the nation AND where the nursing facility ranks compared to optimal staffing levels identified in the 2001 CMS Staffing Study.

# CMS Five-Star Quality Rating System

## Staffing Rating Continued

- Total Nursing Staffing per Resident Day includes RN, LPN and CNAs.
- It is then adjusted for casemix based on the distribution of the RUG-III groups of the facility.
- A star rating is assigned based on where the facility ranks compared to the adjusted staffing hours for all freestanding skilled care facilities in the nation AND where the nursing facility ranks compared to optimal staffing levels identified in the 2001 CMS Staffing Study.

# CMS Five-Star Quality Rating System

## Staffing Rating continued

- To be awarded 5 stars in staffing, the nursing facility must meet or exceed the CMS staffing study thresholds for both RN staffing and Total Nursing Staffing.
- The two categories are rated together and if you have 1 star in RN staffing and 3 stars in overall, you would receive 2 stars.

# CMS Five-Star Quality Rating System

## How is the Overall Star Rating Assigned?

- Start with number of stars assigned for DOH surveys
- Add one star for 4-5 star Staffing
- Add one star for 5 star Quality Measures
- Subtract one star for 1 star Staffing
- Subtract one star for 1 star Quality Measures